

DROP 10 IN 10

TAKE CONTROL OF YOUR WEIGHT

Take the first step and we'll help you Drop 10 in 10!
The right resources, the right reason, the right tools
at the right time.

Contact us and we'll help you take control
of your weight!

**Contact a Blues on Call Health
Coach at 1-888-BLUE-428
(1-888-258-3428) to get
started today!**

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