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# CWRUPDATE

The Covenant World Relief Quarterly Newsletter

## Empowerment of Women through Farming

The food security program, a project of our partner, Jitokeze Wamama Wafrika, is making a major impact on farmers in rural northwestern Kenya. Jitokeze shares how through this project Sofia Mathias has been given a piece of land by her husband after seeing her dedication to sustainable agriculture.

She has seen the benefits and is even telling other women to join groups.

Sofia, who had initially been dependant on her husband, shared how her life changed greatly after joining the food security program and training group. Through training, she prepared small patches of land in which she planted coriander, hot pepper, kale, and established a tree nursery at her home. Despite the harsh weather conditions, her garden flourished and she started selling her produce to nearby hotels and to her neighbors. Since then she has never approached her husband for money. This has made him so happy to the point that he bought her the acre of land.

When she joined the group, she thought it would be a waste of time. However, she has seen the benefits and is even telling other women to join groups because of how impactful it will



Women participate in a food security program in northwestern Kenya.

be to them. She says "now, my husband is the first person to remind me I should be at the demo site meeting with other members and learning new things and not wasting my time at home. I am grateful to Jitokeze for empowering me and making me food secure and financially stable." At the moment, Jitokeze has appointed Sofia as a trainer for the entire ward. Together with her trainer, she is now helping other farmers. They are teaching them how to raise chickens in buildings that keep them safe from cold and predators.

Your gifts to CWR make this type of empowerment possible. Thank you!



#### **Transformation in Mexico**

A woman shares after participating in a ten-week session called "School of Forgiveness and Reconciliation" with the MAEM (Ministering to the Abused and Exploited in Mexico) project in partnership with CWR:

"This class has helped me because I have learned how God speaks to our lives. It has strengthened me and healed my wounds. Before when I would remember my past and tell what had happened, I would cry and it was like living it all over again. Now I can tell my story with joy because God has healed my wounds. For God nothing is impossible and I know that he has forgiven me."

So if anyone is in Christ, there is a new creation: everything old has passed away; see, everything has become new!-2 CORINTHIANS 5:17 NRSV



COVENANT WORLD RELIEF Partners in Transformation

### Hope for All

Together with local partner, Hope for All, Covenant World Relief is improving the hygiene conditions of the Ajang community of Cameroon. This program is bringing clean water and improving the health of the community in three key ways: education on the importance of clean water, providing clean drinking water, and community-based employment through the creation and sale of bio-sand filters.

In a recent health education session in the community, Hope for All treated more than eighty students for ringworm, a fungal infection spread by poor hygiene conditions. Hope for All has helped the Ajang community realize the importance and impact of clean water.



Kids participate in health and sanitation training in Cameroon.







#### Peace, Reconciliation, and Healing

Together with our sister Covenant church in South Sudan and Ethiopia, CWR is partnering in a peace, reconciliation, and healing program. This program seeks the reconciliation of tribes who continue to be at war with one another in South Sudan, Ethiopia, and the surrounding countries. So far, over 550 participants from five refugee camps, Kakuma in Kenya, Khartoum Bari and Joda in Sudan, and Kule 1 and 2 in Ethiopia, have come together to receive training to become future trainers in ongoing peace, reconciliation, and healing workshops. These 260 leaders are from Dinka, Nuer, Shiluk, and Murlee tribes.

The violence continues to erupt in South Sudan and Ethiopia. Please join us in praying for true reconciliation and peace.

#### Project Blue Clean Water and Sanitation Impact





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