



Live Better, Pay Nothing

Livongo helps you stay on top of your diabetes and high blood pressure. It comes with an advanced blood glucose meter and blood pressure monitor, unlimited strips, and on-demand coaching anytime.





A more helpful experience

Livongo offers real-time insights so you'll know what to do next. Your new devices also track and organize your readings so you don't have to.

Unlimited strips, no cost to you

With Livongo, strips are ordered from the meter and delivered for free to your door.

HOW TO GET STARTED:

Register at **get.livongo.com/BETHANY/register** or call (800) 945-4355 with code: BETHANY

The program is offered at no cost to members and covered dependents with diabetes and high blood pressure (and coverage through the regular, non-EGWP plan).

Programs include trends and support on your secure Livongo account and mobile app but does not include a phone or tablet.

You must have an iPhone or Android smartphone and install the Livongo app to participate in the Livongo for Hypertension Program.