



Bethany Benefit Service

A ministry of The Evangelical Covenant Church

MARCH 19, 2020

Dear Partner in Ministry,

As our healthcare system is adjusting rapidly to respond to the threat of the COVID-19 virus, Bethany Benefit Service wants to take a moment to update you about the changes we have made and remind you of benefits that are fitting for this time.

COVID-19 TESTING

If you believe you have contracted the virus, contact your primary care physician by phone to discuss your options for testing. Eligibility for testing differs depending on where you are located. The cost of testing will be fully covered if you have medical coverage through Bethany Benefits.

VIRTUAL MEDICAL SERVICES

Virtual retail clinic visits, virtual primary care visits, specialist virtual visits, and virtual behavioral health visits are already covered by our medical plan, and from March 13 to June 16 the \$20 copay will be waived. This enhanced benefit is intended to help you engage with your health providers virtually and avoid nonessential personal contact. When making appointments with your providers, please request a virtual visit—their capabilities may or may not allow for this type of service, but it is preferred during this time while we work to mitigate the spread of COVID-19.

TELEMEDICINE PROGRAMS

(only available if physically located within the United States)

- **98point6** is available to all members enrolled in any benefit with Bethany Benefits. Members not enrolled in Bethany Benefits medical policy have a \$5 copay. Services include all primary care services, including diagnosing and prescribing prescriptions and labs. Download the 98point6 app on your smart phone to start a visit.
- **Teladoc**, offering no-cost primary care visits, is available to members with Bethany Benefits medical coverage as their primary insurance. Mental/behavioral health and dermatology specialists are to be added by April 1, 2020. Download the Teladoc app or call at 1-800-TELADOC to start a visit.



Bethany Benefit Service

A ministry of The Evangelical Covenant Church

EMOTIONAL AND MENTAL HEALTH

These are anxious times, and as you are called on to provide support, counsel, and direction in your area of ministry, Bethany Benefits is here to support you:

- **Employee Assistance Program (EAP):** Available to all members, the EAP toll-free number (1-800-854-1446) is staffed by licensed counselors who are eager to work with you to learn stress-relief practices, manage your anxiety, and more. When asked for your employer name, reply with the Evangelical Covenant Church. [View the flyer here.](#)
- **98point6:** Approximately 8% of all 98point6 visits are related to emotional, mental, or behavioral health. 98point6 physicians can prescribe common psychiatric medications and/or modify your existing prescription if they believe a change is needed.
- **Teladoc:** This is the perfect time to announce a new benefit we've been working on! All members enrolled in Bethany Benefits medical coverage as their primary insurance will have access to Teladoc's behavioral health and dermatology programs. [View the flyer here](#) describing the behavioral health program, which is intended to provide you with a way to form a relationship with a counselor, therapist, or psychiatrist completely by phone or video. The program will become available no later than April 1, 2020.

PRESCRIPTIONS

Even if your area is under a shelter-in-place mandate, pharmacies should remain open so you can receive your medications. It is not encouraged to stockpile medications—we all see what happened with access to toilet paper when we did this! To avoid physical contact, you can have prescriptions delivered to your home. Express Scripts is working hard to make sure deliveries are accurate and timely. Visit Express Scripts' [new Member Resource Center](#) to learn more about prescription delivery and other news regarding COVID-19.

Christina Kempe
BENEFIT ADMINISTRATOR

Fredrik Wall
DIRECTOR OF FINANCE AND
BENEFIT ADMINISTRATION

Steve Klimkowski
EXECUTIVE DIRECTOR
OF FINANCE