# Trellis

Connecting churches more firmly to the vine of Christ through inspiring personal spiritual practices, emotionally healthy relationship tools, and ways to develop a missionally healthy church culture.

## **Guiding Scripture**

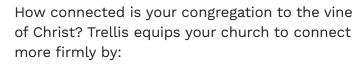
<sup>66</sup>I am the vine; you are the branches. If you remain in me and I in you, you will bear much fruit; apart from me you can do nothing<sup>99</sup> (John 15:5).

# Presented by Missional Vitality

#### www.covchurch.org/vitality

For more information, contact Mary Hendrickson, interim director of Missional Vitality, at:

mary.hendrickson@covchurch.org, or 253-906-2512



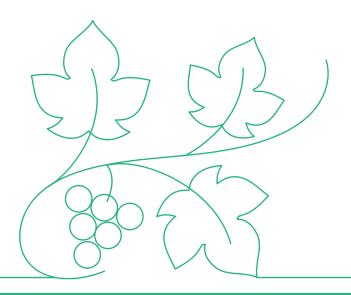
- Instructing the congregation in four basic spiritual practices
- Presenting and practicing tools for emotionally healthy relationships
- Exploring missionally healthy church culture and the pitfalls of unhealthy culture

This interactive workshop includes small group discussion, video examples, compelling teaching, and practical exercises to reach a wide variety of learning styles.

### Format

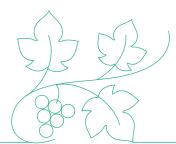
Available as a virtual or in-person experience.

Five-hour format including a meal break





# Trellis



Connecting churches more firmly to the vine of Christ through inspiring personal spiritual practices, emotionally healthy relationship tools, and ways to develop a missionally healthy church culture.

### **Guiding Scripture**

<sup>66</sup>I am the vine; you are the branches. If you remain in me and I in you, you will bear much fruit; apart from me you can do nothing<sup>99</sup> (John 15:5).

### Presented by

#### **Missional Vitality**

www.covchurch.org/vitality

For more information, contact Mary Hendrickson, interim director of Missional Vitality, at:

mary.hendrickson@covchurch.org, or 253-906-2512



How connected is your congregation to the vine of Christ? Trellis equips your church to connect more firmly by:

- Instructing the congregation in four basic spiritual practices
- Presenting and practicing tools for emotionally healthy relationships
- Exploring missionally healthy church culture and the pitfalls of unhealthy culture

This interactive workshop includes small group discussion, video examples, compelling teaching, and practical exercises to reach a wide variety of learning styles.

### Format

Available as a virtual or in-person experience.

Five-hour format including a meal break

