



The Evangelical Covenant Church



Show Notes for  
Embrace Webinar #12

## Teaching Biblical Sexuality in Youth Ministry

with Walt Mueller

### Webinar summary:

Today's youth are immersed in an increasingly fluid perspective on human sexuality. Dr. Walt Mueller, founder and President of the Center for Parent/Youth Understanding, speaks to youth workers and parents on how to set the tone for conversations on sexuality and how to teach the biblical narrative of human sexuality. Full webinar and resources available at <https://covchurch.org/embrace/webinar-12/>

### Key takeaways and timestamps from webinar:

**(12:28-14:05): Youth are vulnerable** to the cultural narrative about gender and sexuality as they ask two formational questions: "Who am I?" and "What do I believe?"

**(14:06-20:37):** Before talking about sexuality with youth, Dr. Mueller sets the **posture/tone** with these comments:

- It might feel uncomfortable to talk about sexuality.
- We can talk about this as equals.
- It's an issue and a battle for all of us. This will be an issue and a battle for the rest of our lives. We must prepare for the issue and the battle now.
- God will walk through this with you. It doesn't have to define or defeat you.
- A truth to remember: God in his grace and glory has designed you to be a sexual being.



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- Some wisdom to remember: Borders and boundaries around sexuality protect us from harm (Proverbs 22:30)

(20:38–33:00): Dr. Mueller talks with youth about sexuality in terms of **two stories: the cultural narrative and the biblical narrative**. He tells youth, “Your sex is being shaped by the world around you and you probably don’t notice it.” In the cultural narrative, there are no borders or boundaries to sexuality. In contrast, the biblical narrative tells this story of sex:

- **Creation (Genesis 1-2):** God made all things and made them good, which includes sex. God’s intended order for creation leads to shalom, universal flourishing. The place of sex is in a “life-long marital covenant between one-man and one-woman.” The purpose of God’s gift of sex is consummating marriage, procreation, fostering marital intimacy, and mutual pleasure.
- **Fallen (Genesis 3):** God’s good creation is fallen because of our sin. Because of the fall, our shalom is now undone, including our experience of gender and sexuality. The fall leads to: lust, adultery, premarital sex, rape, sexual abuse, trafficking, sexting, same-sex attraction, gender confusion, objectification and pornography.
- **Redemption:** Christ provides a way back to shalom. Through Christ we pursue gender and sexual wholeness.
- **Restoration (Revelation 21-22):** When Christ returns all things will be made new. We will experience shalom in our gender and sexuality.

(40:18–45:40): **Generation Z** baseline is the cultural narrative, not the biblical narrative. Parents and youth workers have the opportunity to undo the lie of the cultural narrative that they are self-defined rather than Creator-designed.

Selected resources mentioned:

[The Center for Parent/Youth Understanding](#)