



The Evangelical Covenant Church



*Show Notes for
Embrace Webinar #22*

**Christian Sexuality:
The Truth About Jesus,
Sex, and Gender**
with Preston Sprinkle

Embrace webinar #22 summary:

Author and founder of The Center for Faith, Sexuality, and Gender, Dr. Preston Sprinkle offers an overview of and the philosophy behind [“Christian Sexuality: The Truth About Jesus, Sex and Gender.”](https://covchurch.org/embrace/webinars/webinar-22/) This 12-part, video-based, comprehensive discipleship experience helps youth leaders, mentors and parents engage youth in one of the most important conversations of our age. Full webinar and resources available at <https://covchurch.org/embrace/webinars/webinar-22/>

Key takeaways and timestamps from webinar:

(3:20-5:30): “Christian Sexuality” was created to equip the church to help navigate sex and gender conversations with **theological faithfulness** and **courageous love**. It offers a compelling alternative to the competing voices youth are hearing.

(5:30-15:00): The mission of “Christian Sexuality” is to **faithfully present the Creator’s design for our bodies and to help Christian youth and young adults follow Jesus with their sexuality**. The vision is to see a generation embrace a holistic and Christ-centered view of sex, sexuality, and gender. This 12-part series is a powerful catalyst for healthy and meaningful conversations about sex, sexuality, and gender in youth groups or at home.

(15:00-21:55): Preston describes what **purity culture** is and the stated and unstated messages it communicated in the late 1990s and early 2000s. The good goal of purity



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culture was to encourage young people to remain sexually pure before marriage between a woman and a man. However, it also promised what the Bible does not promise: marriage and sex as a reward for chastity. The purity culture caused shame for those who had sex outside of marriage. It did not address sexual abuse. Aware of the legacy of purity culture, “Christian Sexuality” advocates for sexual integrity and lifts up the call to singleness and marriage. The video sequence speaks to shame and forgiveness before speaking about God’s design for sex and marriage. It also includes a story of sexual abuse.

(22:00-32:55): “Christian Sexuality” lays the foundation for a historically Christian sexual ethic and includes stories of many Christians who identify as straight and LGBTQ+ in addressing 12 topics including **singleness and intimacy, porn and masturbation, same-sex sexuality, transgender identities, LGBTQ+ questions and following Jesus in a sexualized age**. Diverse Christian stories embody what biblical truth looks like.

(33:00-38:10): Words of wisdom by Preston for youth workers: 1. the need to address the topic more than you think, 2. before you address it you need to educate yourself, and 3. be clear and be bold in teaching about sex and gender.

(47:30-51:30): There has been a 5000% increase among teens in the UK coming out as **trans***. (Watch [“Identity, Teens and Gender”](#) to better understand this reality and how to respond.)

Resources mentioned:

[“Christian Sexuality: The Truth About Jesus, Sex and Gender”](#) By The Center for Faith, Sexuality, and Gender

[“Identity, Teens and Gender”](#) With Preston Sprinkle and Helena Kerschner