

**FORM E  
STATEMENT OF HEALTH**

*For use with Participant Form D: Surviving Spouse Benefit if Form D submitted after participant has turned age 63 and before pension benefit payments have begun.*

**Participant Name** \_\_\_\_\_  
FIRST / MIDDLE / LAST

**ADDRESS** \_\_\_\_\_  
STREET

\_\_\_\_\_  
CITY STATE/PROVINCE ZIP

**PHONE** \_\_\_\_\_ **DATE OF BIRTH** \_\_\_\_\_ **EMAIL** \_\_\_\_\_

**Physician's Statement**

**I certify that the patient listed above was examined by me**

**on** \_\_\_\_\_ **and found**

**to be in good health for his/her age.**

**Signature of physician** \_\_\_\_\_ **Date signed** \_\_\_\_\_

**Please print physician's name** \_\_\_\_\_  
FIRST / MIDDLE / LAST

**ADDRESS** \_\_\_\_\_  
STREET

\_\_\_\_\_  
CITY STATE/PROVINCE ZIP

**Patient (Plan Participant)'s Signature** \_\_\_\_\_ **Date signed** \_\_\_\_\_

**Return forms by fax to number listed below, or by mail. Do not email.**