

CWRD UPDATE

WINTER 2025



Holistic Transformation

Transforming Individuals, Families, and Communities

Covenant World Relief and Development has long held as a core value a commitment to holistic transformation. Through global partnerships, we aim to serve the whole person—mind, body, and spirit—and entire communities.

In a world marked by wars, natural disasters, and wide-spread abuse, the Covenant Church instinctively responds to both the spiritual and physical needs of our global neighbors. We are deeply grateful for the leadership of our partners around the globe, who increasingly prioritize the psychosocial and emotional well-being of those experiencing trauma.

CWRD UPDATE

WINTER 2025



Holistic Transformation

Transforming Individuals, Families, and Communities

Covenant World Relief and Development has long held as a core value a commitment to holistic transformation. Through global partnerships, we aim to serve the whole person—mind, body, and spirit—and entire communities.

In a world marked by wars, natural disasters, and wide-spread abuse, the Covenant Church instinctively responds to both the spiritual and physical needs of our global neighbors. We are deeply grateful for the leadership of our partners around the globe, who increasingly prioritize the psychosocial and emotional well-being of those experiencing trauma.

TRAUMA CARE & MENTAL HEALTH ARE CONNECTED

The World Health Organization (WHO) estimates that globally one out of every four people will be impacted by mental illness at some point in their lives.



Globally, about 30% of women aged 15 and older have been subjected to physical and/or sexual violence by an intimate partner at some point in their lives, causing significant and often generational trauma.



An estimated 3.9% of the global population has experienced post-traumatic stress disorder (PTSD) at some stage in their lives. Studies indicate that common mental health disorders, such as depression, anxiety, and PTSD, are more prevalent among those exposed to violence, conflict, or displacement, compared to host populations.

TRAUMA CARE & MENTAL HEALTH ARE CONNECTED

The World Health Organization (WHO) estimates that globally one out of every four people will be impacted by mental illness at some point in their lives.



Globally, about 30% of women aged 15 and older have been subjected to physical and/or sexual violence by an intimate partner at some point in their lives, causing significant and often generational trauma.



An estimated 3.9% of the global population has experienced post-traumatic stress disorder (PTSD) at some stage in their lives. Studies indicate that common mental health disorders, such as depression, anxiety, and PTSD, are more prevalent among those exposed to violence, conflict, or displacement, compared to host populations.

Emotional and psychosocial support refers to the assistance provided to individuals in order to help them manage their emotional well-being and cope with social challenges.

The transformative work of many of our partners includes a commitment to comprehensive trauma care and support initiatives. Approaches vary depending on the setting and context of each of our partners.



Your gifts help extend this crucial care to those who need it most.

Emotional and psychosocial support refers to the assistance provided to individuals in order to help them manage their emotional well-being and cope with social challenges.

The transformative work of many of our partners includes a commitment to comprehensive trauma care and support initiatives. Approaches vary depending on the setting and context of each of our partners.



Your gifts help extend this crucial care to those who need it most.

PARTNER SPOTLIGHT

AGIR-RDC DR CONGO

AGIR-RDC's psychosocial support initiatives are transforming lives for displaced individuals in the Democratic Republic of Congo, including women like Amani.* [Amani, who now lives in the Don Bosco displacement camp, joined AGIR-RDC's support group after hearing about it through her local church.](#)

Through this group, she found space to manage the emotional challenges of displacement, stress, and strained family relationships.

"I came because I felt I needed help with my thoughts," she said. Amani initially sought guidance from AGIR-RDC's counselor, later joining group

sessions where she learned strategies to manage her emotions.

The teachings have been life-changing. Amani said, "Very often my husband and I would argue. In the group, I learned to manage my emotions and lower my voice. This, I think, saved my home." Through AGIR-RDC, Amani has found resilience and healing even as she continues to face financial struggles, common among displaced women. She and her peers save modestly through a group fund, but she dreams of income-generating opportunities to regain independence. Amani is grateful for AGIR-RDC's support and empowerment.

*NAME CHANGED

PARTNER SPOTLIGHT

AGIR-RDC DR CONGO

AGIR-RDC's psychosocial support initiatives are transforming lives for displaced individuals in the Democratic Republic of Congo, including women like Amani.* [Amani, who now lives in the Don Bosco displacement camp, joined AGIR-RDC's support group after hearing about it through her local church.](#)

Through this group, she found space to manage the emotional challenges of displacement, stress, and strained family relationships.

"I came because I felt I needed help with my thoughts," she said. Amani initially sought guidance from AGIR-RDC's counselor, later joining group

sessions where she learned strategies to manage her emotions.

The teachings have been life-changing. Amani said, "Very often my husband and I would argue. In the group, I learned to manage my emotions and lower my voice. This, I think, saved my home." Through AGIR-RDC, Amani has found resilience and healing even as she continues to face financial struggles, common among displaced women. She and her peers save modestly through a group fund, but she dreams of income-generating opportunities to regain independence. Amani is grateful for AGIR-RDC's support and empowerment.

*NAME CHANGED



PARTNERS IN TRANSFORMATION



100% of every gift to CWRD goes to ministry. 90% of every gift goes directly to ministry programs. Learn more and give at CovChurch.org/cwrd



@covenantworldreliefanddevelopment @covworldreliefanddevelopment



PARTNERS IN TRANSFORMATION



100% of every gift to CWRD goes to ministry. 90% of every gift goes directly to ministry programs. Learn more and give at CovChurch.org/cwrd



@covenantworldreliefanddevelopment @covworldreliefanddevelopment