



Earn \$250 as a reward for living healthier.

Welcome to your Covenant Benefits 2026 Wellness Program, brought to you by Covenant Benefits and your health plan. Participating is easy. Earn points by completing healthy activities, then get rewarded for achieving a healthier you.

How to get started

My Highmark helps you find everything you need to manage your benefits and your health. If you haven't already, download the app from the app store or visit **MyHighmark.com**. Once you're logged into My Highmark, to view and participate in your wellness rewards program, you must complete the Annual Authorizations.

Eligibility

The program is available to primary cardholders and covered spouses.

Important deadlines

Make sure you complete all of your program requirements between **01/01/2026** and **09/30/2026**.

Your reward

Primary cardholders and covered spouses must earn a total of 1,000 points in order to earn \$250.

Have questions? Please contact your dedicated Advocate Team at 844.363.0067 or Covenant Benefits at 800.313.8955 or benefits@covchurch.org.

Turn the page for program activities.

How the program works

You need **1,000 points** to complete the program.

To earn the first **500 points**, complete the following **Required Activities**:



Health Assessment

Simply complete or update your survey during the rewards program time frame to receive credit for this activity.



Visit your Doctor

Schedule and complete a visit with your doctor during the program period to earn points.



Breast Cancer Screening



Cervical Cancer Screening



Colorectal Cancer Screening



Engage With Your Care Team



Engage in Digital Health Program

Download the app
from your phone's app
store or visit
MyHighmark.com.



Rewards are provided by Covenant Benefits and not your health plan.



Because Life.™

Rewards are subject to income taxes, may be subject to applicable wage withholdings, and may take the form of a spending account contribution.

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ATENCIÓN: Si usted habla español, servicios de asistencia lingüística, de forma gratuita, están disponibles para usted. Llame al número en la parte posterior de su tarjeta de identificación (TTY: 711).

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