

Welcome to your Covenant Benefits 2027 Wellness Program, brought to you by Covenant Benefits and your health plan. Participating is easy. Earn points by completing healthy activities, then get rewarded for achieving a healthier you.

How to get started

My Highmark helps you find everything you need to manage your benefits and your health.
If you haven't already, download the app from the app store or visit **MyHighmark.com**.
Once you're logged into My Highmark, to view and participate in your wellness rewards program, you must complete the Annual Authorizations.

Eligibility

The program is available to primary cardholders and covered spouses.

Important deadlines

Make sure you complete all of your program requirements between **1/1/2027** and **9/30/2027**.

Your reward

Primary cardholders and covered spouses must earn a total of 1,000 points in order to earn $250.

Have questions? Please contact your dedicated Advocate Team at 844.363.0067 or Covenant Benefits at 800.313.8955 or benefits@covchurch.org.

Turn the page for program activities.

HIGHMARK
Because Life.™

COVENANT BENEFITS

How the program works

You need **1,000 points** to complete the program. To earn the first **500 points**, complete the following **Required Activities**:

Health Assessment

Simply complete or update your survey during the rewards program time frame to receive credit for this activity.

Visit Your Doctor

Schedule and complete a visit with your doctor during the program period to earn points.

Download the app from your phone's app store or visit **MyHighmark.com.**

Complete one Additional Activity to earn the rest of your points. Each activity is worth 500 points. Before scheduling any medical screenings, speak with your health care provider to ensure it's appropriate for you.

- **Breast Cancer Screening**
- **Cervical Cancer Screening**
- **Colorectal Cancer Screening**
- **Engage With Your Care Team**
- **Engage in Digital Health Program**

Rewards are provided by Covenant Benefits and not your health plan.

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Rewards are subject to income taxes, may be subject to applicable wage withholdings, and may take the form of a spending account contribution.

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ATENCIÓN: Si usted habla español, servicios de asistencia lingüística, de forma gratuita, están disponibles para usted. Llame al número en la parte posterior de su tarjeta de identificación (TTY: 711).

请注意：如果您说中文，可向您提供免费语言协助服务。请拨打您的身份证背面的号码（TTY：711）。

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