

# Adventures with GOD!

## GOD GAVE ME A BODY (A.1.Spring.2)

Biblical Reference	Exodus 4:10-12
Key Verse	Psalm 63:5
Key Concept	God made my mouth and I can praise God with it.
Educational Objectives	At the end of the class today, the children will be able to: <ol style="list-style-type: none"><li>1. Explain what we use our mouth for</li><li>2. Demonstrate how our mouth can express what we feel (happy, sad, etc.)</li><li>3. Give thanks to God using their mouth (verbally, out loud)</li></ol>

### Life Application

God made our mouth so that we can communicate with others. We can be instruments of peace and blessing. This week the children will put their happy or sad faces on a picture (see instructions) to show what type of words are coming out of their mouths. It will be a concrete way to help them remember this week that out of their mouth should come kind and helpful words.

### Possible Activities and Class Plan

Activity	Materials	Time
Opening Prayer	Candle	1 minute
Introduction	Mouths and noses of all shapes and sizes	10 minutes
Game and song	Drawings of things they can do with their mouth	10 minutes
Bible story	Moses puppet	5 minutes
Craft	Depends on the craft you choose	15 minutes
Prayer and snack		15 minutes
Closing Prayer	Candle	1 minute



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## INSTRUCTIONS

### Opening Prayer

Gather children around a candle and explain that we are entering into a special time with God. Encourage the children to hold their hands out in front of them palms up as a sign they are ready to receive what God has for them today. Light the candle

**Prayer:** God we light this candle remembering: you made light, you made us, and you are with us now. Amen

(For safety sake, you may wish to extinguish the candle after the prayer)

**Introduction:** Before the class, cut out pictures of noses and mouths of all different shapes and sizes from magazines, newspapers, etc. You can put them in an envelope and put that envelope aside. Also, draw one face (an oval or circle) for each child in your class. Leave the circle/oval empty and tape them up on the walls of your classroom. When the children come into the classroom, talk to them about what life would be like if we didn't have the different parts of our face (no mouth, no nose, no eyes). "Look at the faces on the wall. They are nice but they are missing something. What are they missing?" Tell them that today they will add mouths and noses to the faces. Take out the envelope and let them pick out a nose or a mouth and help them to tape them on the faces. Make sure the faces are at their level so they can reach them.

**Game and Song:** Before the class, find pictures of different things that we can do with our mouths (smile, eat, blow, talk, sing, kiss, etc). Put each image on its own sheet of colored paper. Divide the kids in two groups and help them to make two circles (one inside of the other). While they sing a song, or while you play music, the two circles should walk in opposite directions. When you say "stop" the children should look to see what picture you are holding up. Then they should imitate the face they see in the picture, showing the child that is in front of them. Then keep singing and walking and stopping to show the picture. Do it as many times as you have pictures. This game isn't a competition, but one to help them follow instructions.

Here was the example of the song from last week:

Thank you God for making my body

Thank you for my eyes, my ears, my nose

Thank you for my hands, my arms, my feet

Thank you for my mouth so I can sing your praise

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**Bible story:** Make a puppet using a big wooden spoon. Make a face on the round part and dress it up with fabric or felt to make it look like someone from the Old Testament. Tell the story of Moses and the burning bush, talking as if it was Moses narrating the story. Emphasize what God said in Exodus 4:10-12. The children can repeat the story and tell it in their own words using the puppet. In the appendix you will find help to tell the story.

**Craft:** There are various craft options for this lesson. You will find a card to make, or a growth chart in the following pages.

**Prayer and snack:** Prayer is a form of worship. Help the children to express simple words of thanks and praise to God. Then give them the worksheet that shows a child talking. They can add a happy face or sad face (use stickers or faces you've cut out of colored paper) to their picture, depending on what kind of words they spoke this week (ones that bring joy to God and others, or words that hurt and make people sad). They can take this worksheet home and each night add a happy or sad face, depending on the words they said.

## **Closing Prayer**

Gather children around the candle again. Light the candle

**Prayer:** Thank you God for loving us, Thank you God for sending your son Jesus into the world.

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## POEM

Depending on the time you have in your class, you can help the children to learn this poem. They can point to the parts of the body you mention in the poem. They can also do the actions that are found in ( ). This would be a great activity to do each week and at the end of the trimester present to the church or the parents.

I ASK YOU JESUS TO GUIDE MY MOUTH  
TO HELP ME TO ALWAYS SAY THE TRUTH  
(open and close their fingers as if their hands were mouths that were talking)

I ASK YOU JESUS TO GUIDE MY EARS  
TO HELP ME LISTEN TO WHAT IS GOOD  
(put your hand behind your ear to demonstrate you are listening)

I ASK YOU JESUS TO GUIDE MY EYES  
HELP ME ALWAYS SEE THE BEAUTIFUL THINGS THAT YOU HAVE MADE  
(put your hand over your eyes, to show that you are looking)

I ASK YOU JESUS TO GUIDE MY HANDS  
TO HELP ME ALWAYS DO WHAT IS RIGHT  
(with your hands build something imaginary)

I ASK YOU JESUS TO GUIDE MY FEET  
TO HELP ME TO ALWAYS WALK IN YOUR WAYS  
(move your feet as if you were walking)

I ASK YOU JESUS TO GUIDE MY HEART  
TO HELP ME ALWAYS LOVE YOU AND LOVE OTHERS  
(put your hands over your heart)

JESUS I ASK YOU TO GUIDE MY  
MOUTH  
EARS  
EYES  
HANDS  
FEET  
AND HEART  
JESUS, MY LORD AND SAVIOR,  
GUIDE ME ALWAYS AND FOREVER.

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## CRAFT

Jesus, help me to always tell the truth



Note to teacher: Make copies of this picture for each child. While they are coloring it, talk to them and have sad faces and happy faces available (sticker or small ones you've cut out). Ask them if the words they spoke the past week were good and helpful or if they were not helpful and not kind. Then give them a happy or sad face depending on what type of words they spoke.

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## CRAFT

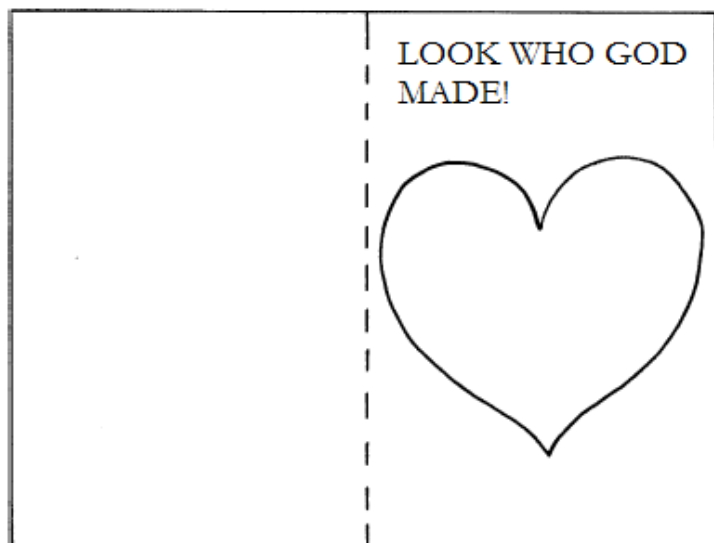
### Look who God made

Have ready all of the materials mentioned below. The children might have a bit of difficulty in some of the steps, so it's best to have all of the things cut out and ready to go. Also go ahead and fold the cards and cut out the hearts. The children will glue aluminum foil behind it and also the phrase, "Look who God made" (cut this out ahead of time).

Materials: folded card, scissors, glue, aluminum foil, crayons

Instructions:

1. Fold a white piece of paper (or colored paper) in half to form a folded card.
2. Cut out a heart in the middle of the card (as you see below).
3. Cut out a small piece of aluminum foil that is a little bigger than the size of the heard.
4. Show them how to glue the aluminum foil so that it can be seen through the heart.
5. Read what the little sign says and help them to glue it on the outside of the card.
6. On the inside of the card help them to draw a picture of themselves.



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## CRAFT

### Growth chart

Make a chart similar to this for each child, but make it a big enough size that it can actually be used to measure the child. Use poster board or large sheets of white paper. Let the children draw a picture of themselves on that paper, and then have them tape it to the wall and stand up against it so you can measure them. Measure them every couple of weeks to see how they are growing.

