JOCHEBED, THE HERO MOTHER OF A HERO
(C.3.FALL.4)

<table>
<thead>
<tr>
<th>Biblical Reference</th>
<th>Exodus 2:1-10</th>
</tr>
</thead>
<tbody>
<tr>
<td>Key Verse</td>
<td>Hebrews 11:23</td>
</tr>
<tr>
<td>Key Concept</td>
<td>If I am a true hero, I will complete the work that God has given me.</td>
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</tbody>
</table>
| Educational Objectives | At the end of the class today, the children will be able to:  
1. Tell the story of Moses’s childhood  
2. Describe the role Moses’s mother played  
3. Recognize another important characteristic of a true hero |

**Life Application:**
A true hero may never become famous or great in the eyes of other people in the World. In the Bible, Moses’s mother is named as a hero. She was a brave hero who made an important contribution to the Kingdom of God. She instructed her child to fear God and later he too became a hero. Look around, who is a true hero in the eyes of God?

### Possible Activities and Class Plan

<table>
<thead>
<tr>
<th>Activity</th>
<th>Materials</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>My GROW Adventure</td>
<td>GROW Adventure w/God materials</td>
<td>5 minutes</td>
</tr>
<tr>
<td>Opening Prayer</td>
<td>Candle</td>
<td>1 minute</td>
</tr>
<tr>
<td>Bible Reading</td>
<td>Bible</td>
<td>5 minutes</td>
</tr>
<tr>
<td>Group work</td>
<td>See instructions</td>
<td>15 minutes</td>
</tr>
<tr>
<td>Bible exploration</td>
<td>Bible, white board, illustrations</td>
<td>10 minutes</td>
</tr>
<tr>
<td>Game</td>
<td>Cards</td>
<td>10 minutes</td>
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<tr>
<td>Project</td>
<td></td>
<td>10 minutes</td>
</tr>
<tr>
<td>My GROW Adventure</td>
<td>Review</td>
<td>5 minutes</td>
</tr>
<tr>
<td>Closing Prayer</td>
<td>Candle</td>
<td>1 minute</td>
</tr>
</tbody>
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INSTRUCTIONS

My GROW Adventure with God Weekly Review: As children enter take time to have them reflect on their adventure with God booklets and either discuss or use art materials to express their journey during the past week. You may wish to add any art work, written poems, prayers or songs to a GROW wall in the room. You can find my GROW Adventure with God materials on the Covchurch.org website in the same place as the Adventures with God sessions.

Opening Prayer: Gather children around a candle. Light the candle and explain that we are entering into a special time with God. Encourage the children to hold their hands out in front of them palms up as a sign they are ready to receive what God has for them today.

Prayer Example: Lord God, thank you for making us, for loving us, for forgiving us, and guiding us. We know you are here with us right now. As we enter into your word, the Bible, help us draw close to you, to understand and to listen to what you have to say to us. Amen (For safety sake, you may wish to extinguish the candle after the prayer.)

Bible Reading: Explain that when we read the Bible we do so first and foremost to spend time with God. Children can remain with hands out and palms up to receive the word as it’s being read. Alternatively they can be invited to draw what they hear. Read the biblical reference for the day (Exodus 2:1-10) two times and ask children to respond.

Question examples: What did you notice in this passage? How does it make you feel? Was there anything you would ask God about that you didn’t understand or was confusing? Is God saying anything to you through the story?

Group work: The theme today is finishing the work God gives us to do. In preparation for class, get three tables ready with materials and instructions. Assign one team to each table. Table 1 will do the activity sheet, table two will do the craft and table three will color the illustrations in preparation for the Bible exploration time. Give them a limited time to work as a group to complete the activity. When the time is up, have everyone come together to talk about the experience and how they felt trying to get something done with a limited amount of time. Today’s Bible story focuses on a woman who is a hero in God’s eyes. God gave her a task to do and she did it and forever changed the course of history.

Bible exploration: Invite them to sit together around one big table or on the floor in a circle or on their chairs. Read the words of Pharaoh in Exodus 1:22. What is the situation that Jochebed and other Israelite mothers find themselves in? Now, review the story that was read in Exodus 4:1-10. Ask the children questions to reflect on and review the story. “I wonder what Jochebed and her family must have felt when they knew their baby was in danger? What would they have thought about having to hide him? How would they keep...”
him quiet? What did they have to do to get the basket into the water? How would you have felt if you knew your child was in danger? Jochebed could have gotten into terrible trouble because she was disobeying the Pharaoh. But she trusted God and she knew that God had given her Moses to raise and teach about God. So she was with him and was able to take care of him and Moses’s life was spared.

Make a list of the things that Jochebed did given what you read in the Bible story. Some of them are explicit in the story. Other things we can imagine she did as she was in this difficult situation. Make two columns on a piece of paper or on the white board and write the children’s answers. Below you will find some ideas.

<table>
<thead>
<tr>
<th>What she did</th>
<th>The result of what she did</th>
</tr>
</thead>
<tbody>
<tr>
<td>Hid the baby</td>
<td>Moses survived</td>
</tr>
<tr>
<td>Fed the baby</td>
<td>Moses grew and developed</td>
</tr>
<tr>
<td>Prayed to God</td>
<td></td>
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</table>

There are many things about this story that are hard for us to imagine. We don’t know much more about Jochebed other than that she is Moses’s mother and a hero in God’s Kingdom. What characteristics of a hero did she exhibit? How was she used by God?

Note: There is a drama in the following pages that you could use if you find it helpful.

**Game:** Play a game to review what they are learning about true heroes. Review the Bible verses you’ve learned in the past classes, which illustrate that true heroes listen to God’s voice, trust God and obey God. First teach them the memory verse for today. Then, use index cards with part of the Bible verse on one card and the other part on another card. Hide the cards around the room. Give the children the opportunity to find the verses and find the match. Or give each person one card and they have to find the other person that has the card that completes their verse.

**Project:** Continue to work on the illustrations, text or games that you are developing for the trimester project.
Today's GROW Adventure with God Review:
G: God's Word: What is the story? (Give children an opportunity to express their understanding of the story)
R: Relationships: Is there anything in today's Bible story that shows us how we should or shouldn't share God's love with others? (Remind children that sometimes God uses the stories of the Bible to show us how we shouldn't act toward God or others and give them a chance to consider how we might show God's love instead)
O: Outward Action: Is there anything in the Bible story that shows us how we should help or serve God or others? (Explore concrete ways the children could live this out in the coming week)
W: Worship: Is there anything in the Bible story that shows us how we should accept God's love for us and others? Ask: How do you feel about God? How would you like to respond to God? What would you like to say to God?

Closing Prayer: Gather children around the candle again. As you light the candle explain that the flame is something that is present in the light and the darkness. In the same way, it reminds us that God is always with us. Is there anything anyone wishes to say to God? After children have responded, close the prayer time.

Prayer Example: Lord God, we thank you that you are always with us, and always love us. It’s good to be with you. Thank you for what we have learned today. Thank you for being with us and for teaching us through the Bible. Help us to remember what you have taught us today and to live it out when we leave. Amen
ACTIVITY TABLE 1
A BABY IN A BASKET

Read Exodus 2:1-10. To finish the activity below you need to first solve the math problems, then starting with the Number “1” write the words in order.

| 4 +3 took  | 23-10 Pharoh | 1+7 him  | 43-22 Moses | 100-99 When | 14-2 of  | 36-32 grew |
| 5+6 daughter | 22+2 I | 25-20 the | 13+15 water | 100-80 him | 100-94 mother | 9+7 adopted |
| 20-3 him | 92-90 the | 20+6 him | 28-4 the | 8+19 from the | 11+11 because | 7+2 to |
| 30-20 the | 12+6 and | 18+1 called | 21+2 she said | 18+7 took | 5-2 child | 8+7 that |

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The Evangelical Covenant Church
When the child grew the mother took him to the daughter of pharoh That adopted him and called him Moses because she said: I took him from the water.
ACTIVITY TABLE 2
MOSES IN THE BASKET

Materials:   White or Light blue cardstock
            Crayons
            Glue
            Cotton balls
            Copies of the figures for the craft

Instructions:  1. On the white or light blue card stock draw a picture of water.
              2. Cut out the figure of Moses, the basket and the blanket.
              3. Fold the basket on the dotted line, taping or stapling the two ends together.
              4. Glue the cotton ball in the basket and then glue in the figure of Moses and his blanket.
              5. Glue the basket onto the water.
FIGURES FOR ACTIVITY 2
(the father is very nervous, pacing up and down; the mother calmly gets the basket ready)

**Father:** We can’t go on like this. I don’t think I can handle the tension.

**Mother:** What are you talking about? What tension?

**Father:** The tension. What if the baby cries? What if Pharoh’s soldiers hear him?

**Mother:** Oh, that.

**Father:** Yes that! It’s too much. We have to do something.

**Mother:** I agree.

**Father:** Where is Miriam?

**Mother:** She went to get more reeds. I don’t have enough.

**Father:** What are you doing?

**Mother:** A basket.

**Father:** For what? We’re slaves. We don’t have enough of anything to store in a basket.

**Mother:** On the contrary. We have something very important to put in this basket. We have a son!
Father: You think that by putting him in a basket he’s going to be safe? You’ve gone crazy.

Mother: I’m not crazy. Just wait and see. We have to do something because he’s getting bigger and sooner or later someone will hear him.

Father: And when they find out we’ve been hiding a baby boy they will kill us.

Mother: And what if they don’t find him here? We need to act and trust God

Father: And just what have we been doing?

Mother: Yes we need to keep trusting God. I have a plan.

Father: What is this plan?

Mother: Listen I have put something on the basket to make it water resistant.

Father: So that the child doesn’t get wet when it rains?

Madre: No. So that it floats in the river. We need to trust God that he will take care of our son.

Father: I don’t know. I’m scared. What if he drowns or what if he is discovered and killed by the soldiers?
**Mother:** We have trusted God for the past three months. We can’t stop trusting him now.

**Father:** You are right. We need to keep trusting. I’m just afraid I’ll go crazy not knowing what happens to him.

**Mother:** Me too, but I have another idea.

**Father:** What is it?

**Mother:** Miriam can help me take the basket to the river tomorrow. Then she can stay and hide so that she can watch what happens and let us know if he’s in danger.

**Father:** You have thought this through. God help us and keep our baby safe.

**Mother:** If we can’t trust God who else can we trust? We have to keep trusting God.
ILLUSTRATION

The Israelites grew in number. The new Pharoh made them slaves and ordered the baby boys of the Israelites to be killed.
ILLUSTRATION

Jochebed hid her baby boy, later putting him in a basket in the river.
ILLUSTRATION

When Pharoh’s daughter went to the river to bathe she found the baby and called him Moses.