

Tips for Talking with Children...

God Conversations

This resource helps to foster daily conversations about our journey with God.

GOD IS WITH US in every moment and in every situation of life. But when we share life moments in conversation, we often leave God out of the conversation. It's as though God were not even a part of our lives, even though God is present in all of it.

Including God in our daily conversations is a simple practice that helps us to become attentive to God's presence and reminds us of God's constant love. As we engage in this practice, God becomes a natural part of all our conversations with family, friends and even those we don't know. It will also give us a sense of where each of us is in our daily walk with Christ, helping us see where we are flourishing, and where we are struggling. Such authentic conversations will enable us to support and encourage children in their journey with Christ.





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Below you will find four groups of questions. Each group can help us think through the day and consider when we were most focused on God and least focused on God. They will remind us of God's constant presence as well as our struggle to be attentive to God.

Create a pattern by setting a specific time each day to share in God conversations. This daily rhythm will be helpful for children.

You can rotate through the questions using a different group each day. Stick with one or two groups for an extended period of time until you have set a pattern, or as your children grow older use more than one group on a day.

Group #1

- When were you closest to God today?
- When did you feel furthest away?

Group #2

- When did you ask God for help?
- When did you praise or thank God today?

Group #3

- When did you feel you were following God today?
- When did you feel like you were not following God today?

Group #4*

- When did you feel God's love today?
- When did you feel ignored by God?
- When did you ignore God?

Children may not have felt close to God or felt far away on a particular day. That's okay. Children tend to take their cues from you. If we want children to be honest about their relationship with God, we have to be honest about our own struggles as well as thankful for God's loving and gracious presence.

*Special Note: In Group #4, we ask: "When did you feel ignored by God?" Although God never ignores us, we can feel that way. In Psalm 42, David felt alone and ignored by God. Use this question as an opportunity to explain that we live in a fallen world, and bad things happen that are contrary to God's will. Sometimes we see this as being ignored by God. Children need assurance that God is with us and still loves us, even when we mess up, when someone else hurts us or, illness strikes.

End in a time of prayer. Offer God your struggles and give thanks for God's loving and abiding presence.

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